



## Welcome and Thank You!

We appreciate your enthusiasm for joining as a coach and/or manager at Saints Rugby. The success of our rugby program relies significantly on the dedication of volunteers like you. We trust that your experience will be highly rewarding and become a cherished memory.

To commence your journey, there are a few essential requirements that need to be fulfilled.

### **Coaching Accreditation**

All coaches and referees in Australia are required to be Smart Rugby / Tackle accredited before participating in rugby at any level.

### What is Smart Rugby?

Smart Rugby is a free online course that takes approximately 1hr 30mins to complete.

There are four Smart Rugby modules designed to help you build your understanding of the theory and application of Smart Rugby principles:

- 1. Introduction to Smart Rugby
- 2. Playing Smart Tackle, Ruck and Maul
- 3. Playing Smart Set Pieces
- 4. Blue Card

The Smart Rugby course objectives are to:

- Promote player safety through education, protocols and information
- Teach correct technique to improve player standards and safety
- Ensure player participation, so that players from all backgrounds, male and female, feel welcomed and enjoy their participation in rugby
- Encourage player participation through a safer environment, on and off the field.
- To complete your Smart Rugby accreditation go to <u>https://myaccount.rugbyxplorer.com.au</u> and access the course via the Learning Centre.

### What is Smart Tackle?

The Smart Tackle has been developed to support coaches and match officials with a quick "free dive" into the tackle height trial, tackle law and coaching the tackle.

The course should take approximately 15-20 minutes to complete and a certificate will be awarded upon final completion.





To complete your Smart Rugby accreditation go to <u>https://myaccount.rugbyxplorer.com.au</u> and access the course via the Learning Centre.

This course will be mandatory for all coaches in 2024.

For further specific RugbyAU coaching requirements feel free to utilise the balance of the learning centre in Rugby Xplorer.

- Kids Coaching U6 to U12
- Youth Coaching U13 to U18
- Code of Conduct
- Concussion & Serious Injury Management
- Coaching 101
- Coach Ready
- PBTR Child Protection

Should you require any assistance with the learning material or have any questions concerning coaching your team please contact Ross Fountain on 0433 987 677.

IMPORTANT: For our club records please email a copy of your certification to info@saintsrugby.com.au

#### Blue card

You will need to complete the volunteer form, for more information about Blue cards

Please note: there is proof of identity requirements to fulfil. Please address this aspect BEFORE completing the form.

The partially completed form will be emailed to you. Once you have the proof of identity requirements satisfied, please scan and email info@saintsrugby.com.au together with pages 3 and 4 of the Bluecard application form.

Once you have all of the Blue card application material together including proof of identity requirements, please submit it directly to Blue card admin by scanning and uploading using <a href="https://www.qld.gov.au/law/laws-regulated-industries-and-accountability/queensland-laws-and-regulations/regulated-industries-and-licensing/blue-card/contacting/submit-scanned-form">https://www.qld.gov.au/law/laws-regulated-industries-and-accountability/queensland-laws-and-regulations/regulated-industries-and-licensing/blue-card/contacting/submit-scanned-form</a>

The process takes several weeks so the earlier the better.

When you finally get the Blue card (and Smartrugby accreditation), please scan and email them to info@saintsrugby.com.au.

If you have any questions at any stage please do not hesitate to contact Ross Fountain on 0433 9897 677





# **Coaching Kit**

All coaches will have all the coaching resources needed to coach our teams. Coaches receive the following :

- Coaching shorts
- Training Tee
- Socks
- Peak Cap
- Gameday Polo
- Free registration for one player for the season (reimbursed)
- Free SCRU coaching course and accreditation